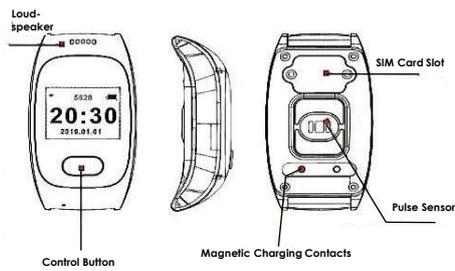


one button phone
Manual

1. Device Description



Model: One Button Phone H16
System: Android and iOS
Display: 1 inch OLED 128 x 96 px
Battery: Li-Ion 600 mAh
Charging: Magnetic Charging Cable with USB plug
Seize: 56 x 31 x 14.8 mm

2. SIM Card Installation

Install the SIM card only when the device is switched off. Use the included screwdriver for installation.



Use only a nano SIM card with the PIN deactivated beforehand (e.g., via your smartphone). Insert the SIM card with the chip side facing the device and the cut corner to the right.

The current time is displayed after successful installation. If not, check the network connection. A network connection is indicated by bar symbols in the top left of the display.

3. Operation

Switch On: Press and hold the button
SOS Call: Long press the button until the dialed number on the display appears.

Pulse and Blood Pressure Measurement: Press button briefly until the pulse and blood pressure measurement icon appears. Do not move. The measurement starts automatically. Wait until the measured values no longer change.

Telephone Book: Press the button briefly several times until a telephone book entry (entered via the app) appears. Then long press the key to dial the selected telephone book entry.

Switch Off: Press the button briefly several times until the switch off symbol appears. Then long press the button.

Charging: Plug the USB end of the charging cable into a USB charger or into a computer. Connect the magnetic contact to the charging contact of the One Button Phone.



4. Display



Signal strength, steps,
battery status,
time and date



Pulse and blood
pressure measurement
starts automatically



Pulse,
systolic blood pressure,
diastolic blood pressure



Switch off by long
pressing the button

5. One Button Phone App

Check the IP connection of your SIM card. If necessary, send an SMS command via your smartphone to the number of the inserted SIM card to set the IP. This should contain:

#APN#=#MCC,MNC,apnname,apnurl,user,password#

SMS commands for the main operators in Germany:

Deutsche Telekom:

#apn#=262,01,internet,t-mobile,internet,t-mobile,t-mobile,tm#

Vodafone:

#apn#=262,02,web.vodafone.de,web.vodafone.de,null,null#

O2/Telefonica:

#apn#=262,03,internet,eplus.de,internet,eplus.de,eplus,eplus#

After the successful set up of your One Button Phone, load the One Button Phone App onto your smartphone and connect your device. You can find the app in the Google Play Store and also in the Apple Store under the name *One Button Phone*.

Start the app and register with your email address. Assign a password. You can later change your email address and password in the menu item *Account* if necessary.

6. Add Device

To connect your One Button Phone, open the top right menu in the app and select *Devices*. Then click on the top right add circle. Then assign a name to your One Button Phone (e.g. "*Mother*"), enter the IMEI number of your device (to be found on the packaging below the barcode). Also enter the phone number of the SIM card of your One Button Phone (please use 00 instead of + for international dialing codes).

Your One Button Phone will be displayed in the device list. By pressing the round symbol on the left of the device tile, you can upload an image or photo as an avatar. You can change the time zone under *Preferences*. Calibration values for blood pressure can also be entered there.

If the connection is successful, the name of the device and the message "*Online*" appear in the top tile of the main screen.

7. Add Numbers

Enter your SOS numbers in the menu item *SOS Numbers* on the left menu bar (can also be called up by swiping). You can enter up to 3 numbers that will be called in sequence if a number does not answer. For international dialing codes, please enter 00 instead of +.

To call your active One Button Phone from your smartphone, simply press and hold the top tile of the main screen of the app. You will be redirected to your phone app on your smartphone.

In the menu item *SOS History* you can see the last calls from the One Button Phone via the SOS button. When calling via the SOS button, you will also receive an SMS with location information.

You can also enter up to 10 contacts in the *Phonebook* menu in the left menu bar. The One Button Phone can then dial a selected number from the phonebook. By activating the *White-List* of the App, the One Button Phone only receives calls from these contacts. For international dialing codes, please enter 00 instead of +.

8. Location, Pulse, Blood Pressure

To call up the location of the One Button Phone, press and hold the map tile or the menu item *Show Map* in the left menu of the smartphone app. To keep the GPS position of the One Button Phone up-to-date, activate *GPS Positioning* in the menu.

Attention: The One Button Phone consumes more power when GPS is activated, and battery life decreases. The last location of the One Button Phone is shown on the map. Click to get more information. With another click you can call the One Button Phone directly.

The last measurement data of the pulse and blood pressure measurement of your One Button Phone are displayed in the tiles on the main screen of the smartphone app. Under the menu item *Pulse/BP-History* you can see the history of the last 10 measurements. You can remotely activate the pulse and blood pressure measurement of the One Button Phone in the menu and receive the data on the tiles on the main screen of the app. Long press the tiles on the main screen to get more information.

9. Steps, Alarms, Notifications

When wearing the One Button Phone, the steps of the user are automatically counted and shown on the display. The steps are also displayed in a tile on the main screen of the smartphone app.

Enter alarms for the One Button Phone in the menu item *Alarms* on the left. To do this, press the round add symbol.

You can switch the notification function for the status line of your smartphone on or off in the top right menu under *Preferences* or *Account*. In the smartphone app, you will receive messages about outgoing calls using the SOS button of the One Button Phone and also when the charge level of the One Button Phone is too low.

10. Warranty

Write down this information about your One Button Phone:
IMEI:
Purchase date:
One Button Phone number:

In the case of quality problems that are not due to improper handling and operation, we give a one-year guarantee from the date of purchase. In case of a return please follow the instructions on our website onebuttonphone.com.

This product has been quality checked, and the performance data correspond to the technical standards.

For more help, visit onebuttonphone.com.

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One Button Phone
... for a worry-free life.

11. Legal Information

Supported frequency ranges:
GSM850/900, Power Class 4
DCS(1800)/PCS(1900) Power Class 1

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